

# Light From Africa Foundation

LIGHTING FLAMES OF CREATIVITY AND HOPE IN YOUNG LIVES



## Library Officially Opens at Mullersrus Primary School

The Mullersrus Primary School officially opened its library and resource centre on Monday, 21 November 2022, with a special ribbon-cutting ceremony attended by members of the community, the school governing body, and representatives from the Western Cape Education Department.

The excitement was tangible, especially amongst the youth scholars, who had front-row seats to the transformation of the school classroom into this new comfortable space for reading and learning.

The project was led by the Light from Africa (LFAF) team who worked closely with the school to transform the space, collect, and sort books, and source funding. We are grateful to have several of our partners present to witness the momentous occasion.



## PROJECT HIGHLIGHTS



## WORLD FOOD DAY

World Food Day is commemorated annually on the 16th October – a special day designated by the United Nations to raise awareness about food security.

We marked World Food Day by supplying the communities of Suurbraak, Buffeljagsrivier and Barrydale with seedlings and compost for their home food gardens. Earlier, two schools and three community garden projects received a supply of vegetable seedlings.

A total of 15,000 seedlings were distributed as part of the LFA Community Food Gardens programme. A sincere thanks to our LFAF facilitators Charl and Hetta, our partners Thornlands and Rietvallei for the donation of compost, Xairu Agri. Coop for facilitating the distribution and coordination, and the Suurbraak Community Development Trust for the use of Trust House.



# HERITAGE DAY CELEBRATION

Andilie Ndikandika, LFA's the dynamic drumming and youth development practitioner, drummed his way into the hearts and minds of the youth and young adults alike at the Heritage Weekend Celebrations held in Suurbraak. The weekend-long programme started with a Prefect leadership workshop for learners from Suurbraak and Mullersrus Primary Schools, followed by a team building drumming workshop with the staff from Mullersrus Primary School.

We also hosted a youth leadership programme with Xiaru Heritage Portal where future leaders were introduced to various entrepreneurial opportunities and guidance. In collaboration with Cape Nature, these young leaders were engaged in discussions centering around the conservation of their environmental heritage. LFA Art instructor, Charl Jonas, facilitated an art workshop with a group of boys and girls who were tasked with capturing the town's heritage buildings.



# BREAST CANCER AWARENESS

The Light From Africa Foundation (LFAF) ended off the month of June, with a special holiday programme which saw 180 children attend various workshops at Trust House in Suurbraak. The week was spent creating awareness of conserving our natural resources by the GVB Conservancy.

The children enjoyed a walk along the Buffeljags River and learnt about the Burchell's Redfin, commonly known as the 'Roovlerkie', which is critically endangered, is endemic to the Western Cape and can be found in the Breede and Tradouw rivers.

Under the guidance of our Art Facilitator, Charl (Junior), the children were encouraged to make their own version of the 'roovlerkie'. **READ MORE.**





## Mullersrus P.S. Choir Performs in Cape Town!

Mullersrus Primary School were invited to participate in the Schools Arts Festival on 23rd August at the Artscape Theatre in Cape Town. LFA coordinated an appeal to raise funds to cover the full costs for the children, who had a memorable and enjoyable time which was their first trip to the Mother City! Music teacher, Friedel Van Wyk, shared the following message to all sponsors:

***“No words can describe the absolute joy experienced by the choir of Mullersrus Primary School, on their trip to Cape Town, to partake in the Festival at the Artscape. The excitement was tangible, and once we were on the stage, in a proper auditorium, with the lights shining in our eyes-fears and doubts vanished from our hearts. For every child knew then, that somewhere out there, someone believed in them enough, to make it possible for them to stand and perform on THAT stage.***

***To all the donors and sponsors, a heartfelt thank you, from me, Friedel, for adding to the strength and courage of these children. All efforts, no matter how big or small, are much appreciated. God Bless you!”***



# CERTIFICATE PRESENTATIONS

Light from Africa hosted special certificate handover ceremonies recently, to celebrate the achievement of our youth beneficiaries, programme facilitators, and partners, who continue to support our vision of lighting the flames of hope and creativity in the lives of marginalised communities in the Western Cape.

In Suurbraak, project facilitators and partners were warmly welcomed by LFAF Director—Almarie Pelser and Project Coordinators—Godfrey Hendrickse and Lynne Roscoe, before being awarded their certificates and some refreshments. Guests also enjoyed various displays of arts and crafts that were produced by the children who attend various programmes at the Trust House resource centre.

The youth beneficiaries of our Urban Future Leaders programme were also awarded certificates for their participation in various programmes throughout the year that aims to nurture and develop their overall well-being with the purpose of growth, evolution, and personal elevation – physically, mentally, emotionally, socially and spiritually.



# RURAL ART EXHIBITIONS

From the 5th until 10th December, we hosted an Open Day at our Trust House Resource Centre to showcase the creative talents of our youth in Suurbraak and Mullersrus, whose Art and Needlecraft were on full display.



# 2022 REFLECTIONS



As the year draws to a close, allow us a moment to reflect on what has truly been an exceptional year for the Light From Africa Foundation (LFAF).

We started 2022 with three goals in mind:

1. To inspire and empower more people through our community development initiatives
2. To collaborate with more like-minded partners
3. To increase our funding so that we can scale up our programmes, especially the youth-driven projects

We are extremely proud to report that we not only achieved these goals but exceeded our own expectations by reaching more than 8,000 beneficiaries across our Rural and Urban project streams this year. Most of our beneficiaries were youth.

Our deepest appreciation and gratitude to our partners and dedicated facilitators, without whom none of our programmes are possible.

But we could not have done this without you! Thank you for your kind and generous donations that make it possible to us design relevant programmes that meet the needs of our beneficiaries. We remain indebted to you for your support.

Allow us to take this opportunity to wish you and your loved ones a blessed and rejuvenating holiday season. Stay safe and see you in 2023!

Regards,

*The LFA Team*



**RESULTS THAT MATTER**

WITH YOUR HELP WE ARE EMPOWERING COMMUNITIES AND CHANGING LIVES. BELOW IS A BREAKDOWN OF OUR REACH THIS QUARTER:

**TOTAL BENEFICIARIES REACHED: 2,367**  
(2,213 YOUTH + 154 ADULTS)

TOTAL CONTACT SESSIONS: 231  
NUMBER OF PARTNER ORGANISATIONS & SCHOOLS: 39

URBAN OUTREACH	<b>PETER CLARKE ART CENTRE</b>  12 SCHOOLS 655 LEARNERS 18 CONTACT SESSIONS	<b>YOUTH LEADERSHIP (Future Male &amp; Female)</b>  4 SCHOOLS 1 HOME   147 YOUTH 13 CONTACT SESSIONS	<b>COMMUNITY FOOD GARDENS</b>  Baphumelele Fountain of Hope 20 YOUTH	<b>CARE OF THE CARERS</b>  10 HOMES 78 CAREGIVERS (ADULTS) 10 CONTACT SESSIONS	<b>SANBI BIODIVERSITY OUTREACH</b>  50 YOUTH PARTICIPANTS 1 CONTACT SESSION
	RURAL OUTREACH	<b>VISUAL ART PROGRAMME</b>  2 SCHOOLS   3 FARMS 46 YOUTH 11 CONTACT SESSIONS	<b>NEEDLEWORK</b>  2 SCHOOLS   3 FARMS 25 YOUTH 11 CONTACT SESSIONS	<b>COMPUTER OUTREACH (SCHOOLS)</b>  600 CHILDREN   2 SCHOOLS 145 CONTACT SESSIONS	<b>COMPUTER OUTREACH (ADULT LITERACY)</b>  1 COMMUNITY CENTRE 4 ADULTS 7 CONTACT SESSIONS
<b>PROJECT HIGHLIGHTS</b> <ol style="list-style-type: none"> <li>1. Mullersrus Primary Schools Library Appeal</li> <li>2. Certificate Award Ceremonies were held to celebrate an exceptional year for facilitators, partners and beneficiaries</li> <li>3. Trust House hosted various workshops and awareness programmes targeted educating the community about important topics such as Breast Cancer and celebrating our diverse heritage.</li> </ol>					<b>MUSIC MULLERSRUS PRIMARY</b>  1 SCHOOL 57 YOUTH 15 CONTACT SESSIONS

# URBAN ART PROGRAMME - IMPACT STORY



Asizat Raof is one of our bursary recipients and who is attending Art classes at the Peter Clark Art Centre (PCAC) in Cape Town. She reflects on your journey thus far:

“Thank you for awarding me this bursary to pursue my passion for Art. I am motivated and I am always giving my best. My teacher at PCAC has been amazing, supportive and patient. The Light From Africa Foundation has helped me with things I might not have been able to get on my own, so thank you for helping me.”

## FUTURE FEMALE LEADERS

### Student Testimonials

★★★★★

*At first I was a bit shy, I held myself back. I was afraid of being my true self. I was scared I would be judged. I got comfortable as time passed, I felt it was a space where I could be myself, be the type to be unapologetic about me. I felt safe and it's a space where I don't have to hide myself the way I've been doing to the rest of the world all my life.*

*This leadership programme has opened my eyes in sections of my life I didn't think would be affected. Now I know that I am the person I want to be in the future, I just have to act like it. I got my future in my hands and I create my own destiny. This programme has helped me find my true self.*

*-Awiwe Ntwenka (Grade 10)*

Christel House South Africa

*I have loved joining forces with the Light From Africa Foundation in serving our youth, by not only creating infinite possibilities within themselves but equipping our future generation of leaders with tools and resources necessary for their everyday life. It has been a great privilege working with you all in reaching our common objectives - the girls testimonials can certainly attest to this. I have such a strong hope and faith that through collaboration, we are stronger together and it's been such a pleasure seeing the magnitude of this programme and it's results. Thank you.*

**Future Female Leadership Facilitator Testimonial:  
Megan Goliath**

